

October 1st, 2023



**WARMLY WELCOME TO THE INTERNATIONAL SYMPOSIUM IN HELSINKI
6th till 7th of OCTOBER, 2023**

Welcome to the International DMT Symposium organized by the Finnish Dance Therapy Association, titled "The ways the relatedness with the environment shapes the body, embodiment, and mind". In conjunction with the symposium, there will also be a networking event on Saturday after the workshops for those who are not participating in the EADMT General Assembly (GA).

The EADMT (European Association Dance Movement Therapy) GA will be held in connection with the symposium. EADMT Delegates, deputies, and members of various EADMT working groups from all around Europe attend this yearly. The Annual Meeting will commence immediately after the symposium workshops on Saturday at Lapinlahti Oasis and will continue until Sunday afternoon.

Thank you to everyone who has already paid the participation fee for the symposium!

If you haven't yet made the payment, could you please do so as soon as possible to the Finnish Dance Therapy Association's account FI18 5713 4520 0251 89, BIC: OKOYFIHH
Please note that the Symposium payment needs to be paid in full to join in the Symposium! Thank you! You can check the fees at <https://tanssiterapia.net/eadmt-ga-2023/>.

EVENT LOCATIONS

The event venues are Kaapelitehdas and Lapinlahden Lähde (Lapinlahti Oasis) in Helsinki, located about a 15-minute walk from each other.

The Symposium and Friday evening outdoor DMT-activity will take place at Kaapelitehdas, located at Kaapeliaukio 3, 00180 Helsinki. [Kaapelitehdas Website](#)

The EADMT GA, Saturday evening dinner, and additional symposium activities will be held at Lapinlahden Lähde, located at Lapinlahdenpolku 8, 00180 Helsinki. [Lapinlahden Lähde Website](#)

Kaapelitehdas

Kaapelitehdas is a former factory building of Suomen Kaapelitehdas Oy located in Salmisaari, Helsinki, which is now used for cultural purposes. The Cable Factory houses three museums, the


Hima & Sali restaurant, galleries, radio channels, art schools, dance theaters, as well as numerous visual artists, bands, associations, and companies.

The main entrance to Kaapelitehdas is a covered courtyard called Lasipiha. Lasipiha also serves as the lobby for the Dance House. From Lasipiha, you can directly access the A-staircase Office, where registration and opening remarks take place. Passing through Lasipiha, you'll reach the inner courtyard of Kaapelitehdas, where you'll find the entrances to the B and C staircases, where the symposium workshop spaces are located. You can also access the inner courtyard of Kaapelitehdas from Tallberginkatu. Both Lasipiha and Tallberginkatu are accessible.

Directions to Kaapelitehdas: [How to Get There](#)

Lapinlahden Lähde

Lapinlahden Lähde is a historic and culturally significant location in Helsinki. It is situated in the former Lapinlahti mental hospital, founded in the 19th century. Today, Lapinlahden Lähde serves as a diverse cultural center and artistic community hub. The Lapinlahti area houses several cafes. Little tip: Tap water is drinkable everywhere in Finland and actually really refreshing!

 Lapinlahden Lähde

SYMPOSIUM INFORMATION

Registration and Symposium Information at Kaapelitehdas

Registration and information point will be at the Kaapelitehdas Office (Konttori), located in the inner courtyard of Kaapelitehdas. The office also includes a café and a lounge area where you can relax before the start of the symposium.

Upon registration, you can receive event information on your phone through a QR code.

Workshop Locations at Kaapelitehdas:

C Stairs, 4th Floor / Zodiak-studio C4

- Marja Cantell with Erin Harty and Helena Volkov
- Päivi Pylvänäinen
- Ana Coimbra Oliveira

B Stairs, 2nd Floor / Zodiak-studio B2

- Richard Coaten
- Mary Coaten
- Pauliina Jääskeläinen

SYMPOSIUM SCHEDULE [\(Symposium Programme\)](#)

Friday, 6th of October at Kaapelitehdas

- 14:30 – Registration begins at Konttori
- 16:00 – 16:15 Opening words by Päivi Pylvänäinen, Chairperson of the Finnish Dance Therapy Association
- 16:30 – 18:00 Workshop 1
 - A) Richard Coaten (B2)
 - B) Marja Cantell with Erin Harty and Helena Volkov (C4)
- 18:15 – 19:45 Workshop 2
 - A) Mary Coaten (B2)
 - B) Päivi Pylvänäinen (C4)
- 20:00 – 20:30 DMT outdoors/nature (optional), Katriina Hyvönen / Outside Kaapelitehdas (weather permitting, dress accordingly as it can get cold in October!)
- 20:30 onwards – Free time for networking with colleagues/ self-paid dinner*

Saturday, 7th of October at Kaapelitehdas

- 8:30 – Registration (if not registered on Friday) @Kaapelitehdas workshop studios
- 9:00 – 10:30 Workshop 3
 - A) Ana Coimbra Oliveira (C4)
 - B) Pauliina Jääskeläinen (B2)
- The symposium finishes at 10:30, followed by the EADMT GA at Lapinlahden Lähde for delegates, deputies, EADMT working group members from European member associations.

After the symposium, optional additional activities will be organized at Lapinlahden Lähde for those not attending the GA.

SYMPOSIUM ADDITIONAL PROGRAM AT LAPINLAHDEN LÄHDE

Please note that the Saturday afternoon program is intended for those who are not participating in the EADMT Annual Meeting (GA). Delegates/deputies/working group members attending the GA have a separate schedule for Saturday and Sunday.

- 10:30 – 12:00 Lunch (at your own expense) and walking to Lapinlahden Lähde
 - Lunch options: [Lunch Options](#)
- 12:00 – 12:45 In Memoriam Janet Adler, documentary film. Meeting at the main entrance of Lapinlahden Lähde's main building, from where we will proceed to Pylvässali.
- 12:45 – 14:00 Free networking and dancing / @Lapinlahden Lähde, Pylvässali

SATURDAY DINNER AT LAPINLAHDEN LÄHDE

Saturday, 7th of October

- 19:30 – 22:00 Evening gathering, dinner, and free time
- Dinner starts at 19:30 sharp
- Dinner is for those ONLY who have pre-registered.
- Dinner ticket 30 €, payable at the door in cash (exact change) or with Mobile Pay (050 351 7497)
- Dinner is vegan, and pre-notified allergies are accommodated.

OTHER IMPORTANT NOTES:

Friday evening dinner option and networking with colleagues after the workshops

Restaurant Faro (Kellosaarenranta 2, <https://faroravintola.fi/english/>)

If you are interested in joining this self-paid dinner, please send an email to asap but at latest Tuesday 3th tanssiterapiayhdistys@gmail.com.

Please Note: The restaurant has changed from Restaurant Perho to Restaurant Faro, and your previous reservation at Perho will automatically be transferred to a reservation at Faro.

Contact the organizing team during the Symposium

During the symposium, you can receive assistance from the following organizing team members starting from Friday, October 6th at 12:00 until Saturday evening.

Silja +358 40 741 9901 (Friday)

Saila +358 50 351 7497 (Friday/Saturday)

Kaisa +358 50 301 8761 (Friday/Saturday)

Participation Certificate

The participation certificate will be sent to those who attended the Symposium via email after the event.

For more information, visit the event website: [Event Website](#)